



TENNESSEE DEPARTMENT OF

**EDUCATION**  
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## Family Studies

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| <b>Primary Career Cluster:</b>                       | Human Services  |
| <b>Consultant:</b>                                   | Deborah Thompson, (615)-532-2840, <a href="mailto:Deborah.Thompson@tn.gov">Deborah.Thompson@tn.gov</a>  |
| <b>Course Code(s):</b>                               | TBD   |
| <b>Prerequisite(s):</b>                              | None  |
| <b>Credit:</b>                                       | 1   |
| <b>Grade Level:</b>                                  | 11  |
| <b>Graduation Requirements:</b>                      | This course satisfies one of three credits required for an elective focus when taken in conjunction with other Human Services courses.  |
| <b>Programs of Study and Sequence:</b>               | This is the third course in the Social Health Services program of study.  |
| <b>Necessary Equipment:</b>                          | None  |
| <b>Aligned Student Organization(s):</b>              | Family, Career and Community Leaders of America (FCCLA):<br><a href="http://www.tennesseefccla.org/">http://www.tennesseefccla.org/</a><br>Brandon Hudson, (615) 532-2804, <a href="mailto:Brandon.Hudson@tn.gov">Brandon.Hudson@tn.gov</a> |
| <b>Coordinating Work-Based Learning:</b>             | If a teacher has completed work-based learning training, he or she can offer appropriate placement. For more information, please visit <a href="http://www.tn.gov/education/cte/wb/">http://www.tn.gov/education/cte/wb/</a> .              |
| <b>Available Student Industry Certifications:</b>    | American Association of Family and Consumer Sciences Pre-PAC Family Services or Family and Consumer Sciences Certificate  |
| <b>Dual Credit or Dual Enrollment Opportunities:</b> | There are no statewide dual credit/dual enrollment opportunities for this course. If interested in establishing a local opportunity, reach out to your local postsecondary institution.   |
| <b>Teacher Endorsement(s):</b>                       | 050, 051, 450   |
| <b>Required Teacher Certifications/Training:</b>     | None  |
| <b>Teacher Resources:</b>                            | <a href="http://www.tn.gov/education/cte/HumanServices.shtml">http://www.tn.gov/education/cte/HumanServices.shtml</a>   |

### Course Description

*Family Studies* is an applied knowledge course that examines the diversity and evolving structure of the modern family. Course standards focus on the demographic, historical, and social changes of interpersonal relationships, as well as parenting, and the effect of stressors on the family. Artifacts will be created for inclusion in a portfolio, which will continue to build throughout the program of study. Standards in the course are aligned with Tennessee Common Core State Standards for English Language

Arts & Literacy in Technical Subjects, as well as Tennessee Psychology, Scientific Research, Sociology, and US History standards and the National Standards for Family and Consumer Sciences Education, Second Edition.\*

## Program of Study Application

This is an applied knowledge course in the *Social Health Services* program of study. For more information on the benefits and requirements of implementing this program in full, please visit the Human Services website at <http://www.tn.gov/education/cte/HumanServices.shtml>.

## Course Standards

### Definition and History of Family

- 1) Drawing on academic research and news media, synthesize a definition of family in an informative essay. Analyze diverse family structures that are representative of today's society, citing specific textual evidence from research. (TN CCSS Reading 1; TN CCSS Writing 2, 9; TN Psychology; TN Sociology; FACS 6)
- 2) Research and summarize early records of the structures of family. Use the research to create a timeline or graphic illustrating changes in the structures of families over time. Research the historical events that contributed to changes in common family structures, including but not limited to:
  - a. The Renaissance
  - b. Slavery
  - c. Industrialization of the economy
  - d. Wars
  - e. Women's right to vote(TN CCSS Reading 2, 9; TN CCSS Writing 8; TN US History; FACS 6)
- 3) Compare and contrast different definitions of family units found in distinct groups. Explore cultural, geographical, religious, ethical, and political differences, analyzing the reasoning and evidence each provide for the development of their definition of a family. (TN CCSS Reading 8, 9; FACS 6)
- 4) Form a hypothesis about how a specific community may have changed in response to major historical events (such as World War II). Compare and contrast census records to analyze demographic trends in the community over time and present findings in an informative essay. (TN CCSS Reading 1; TN CCSS Writing 2, 4, 6; TN US History; FACS 6)
- 5) Conduct a research project examining relevant academic journal articles and news media coverage of a specific issue or trend in family studies. Supplement research with interviews and other primary sources to provide data and evidence for the development of particular phenomenon. Research topics may include, but are not limited to:
  - a. *Sandwich* Generation
  - b. *Failure to Launch*
  - c. Grandparents raising grandchildren(TN CCSS Reading 1, 2, 9; TN CCSS Writing 7, 10; FACS 6, 15)



## Family Cycle & Relationships

- 6) Create a graphic illustration that identifies the stages of the Family Life Cycle. Identify characteristics and changes at each of the stages. Summarize in an informative narrative, describing each stage and give examples of the changes in the family structure as an individual ages and passes through each stage. (TN CCSS Reading 1, 7, 9; TN CCSS Writing 2, 8, 9; FACS 6, 15)
- 7) Identify intrapersonal and interpersonal conditions, personal characteristics, attitudes and behaviors necessary for effective human relationships, exploring concepts such as understanding of self, relationship building skills, conflict management and intimacy, citing textual evidence from social science academic research. (TN CCSS Reading 1, 5; FACS 13)
- 8) Explore concepts of long-term relationships, such as love, mate selection, attachment, loneliness, conflict, and relationship dissolution, using social science academic research. Summarize relevant resources on the purpose and responsibilities of dating. Develop a logical framework of guidelines for mate selection using compatibility surveys, identifying factors that impact selection. Examine marriage laws in the state, prepare a list of requirements to obtain a marriage certificate, and describe legal rights provided through marriage, citing specific legislation and organizational policies. (TN CCSS Reading 1, 9; TN CCSS Writing 7, 9; FACS 13)
- 9) Investigate types of crises impacting families (such as unemployment, child exceptionality, divorce, death), describing characteristics of crises situations and citing rates of frequency pulled from census information and news articles. Synthesize research on theories and strategies for helping families deal productively with crises by crafting an argumentative essay making a recommendation for a specific activity that can be used to assist families in crises situations. (TN CCSS Reading 1, 2; TN CCSS Writing 1, 7, 8, 9; FACS 13)
- 10) Synthesize research to evaluate the importance of values and goals on individuals during the lifespan. Create a list of values that are observed in an individual's family of origin and a list of values that will be important in future family units. Compare and contrast the list for similarities and variations in a class discussion. (TN CCSS Reading 1, 9; TN CCSS Writing 2, 4; FACS 6)

## Parenting Responsibilities

- 11) Differentiate between parenting styles described in social science academic research. Assess the extent to which the reasoning and evidence in a specific theory supports the claim(s). Parenting styles could include, but are not limited to:
  - a. Authoritarian
  - b. Permissive
  - c. Authoritative(TN CCSS Reading 1, 2, 8; TN CCSS Writing 2, 9; FACS 6, 15)
- 12) Identify ways to promote and foster a child's positive self-concept. Research case studies to identify positive guidance techniques, linking each to a specific reason for child misbehavior (such as desire for attention, embarrassment, lack of expectations, etc.). (TN CCSS Reading 1, 7, 9; FACS 6, 15)



- 13) Investigate the adoption process nationally and globally using advanced searches of both print and digital sources. Collaboratively, develop a list that compares and contrasts the costs and benefits of each adoption process. Identify local and global agencies that are available for assistance during the adoption process. (TN CCSS Reading 2, 7, 9; TN CCSS Writing 8, 9; FACS 6, 15)

### **Family Stress, Crisis, and Resilience**

- 14) Research and summarize trends in family life since the integration of dual income households in America. Discuss the impact of these trends on traditional gender roles and responsibilities of family members. (TN CCSS Reading 1, 2, 9; FACS 6)
- 15) Research the impact of poverty and social inequality on the structure of the American family. Develop a list of factors that contribute to income inequality and develop strategies that promote social mobility. (TN CCSS Reading 1, 2, 9; TN CCSS Writing 2, 8, 9; FACS 6)
- 16) Research each of the stages of the Cycle of Violence. Create a graphic illustration that identifies each of the stages, with short descriptions and prevention strategies for each stage to combat the recurrence of violence. (TN CCSS Reading 1, 2, 9; TN CCSS Writing 2, 8, 9; FACS 6)
- 17) In a group, work to identify domestic abuse resources within a community. Make an informational resource for distribution in the community that could be used by the proper authorities in instances of domestic abuse. (TN CCSS Reading 1, 2, 9; TN CCSS Writing 2, 8, 9; FACS 6)

### **The following artifacts will reside in the student's portfolio:**

- Definition of a Family Essay
- Graphic of Family throughout History
- Family Demographic artifacts
- Family Trend Research Paper
- Family Cycle graphic
- Dating guidelines
- Family Crisis Research artifacts
- Family Values assessment
- Parenting narrative
- Research on Parenting
- Family Violence Cycle illustration
- Domestic Abuse resources

### **Standards Alignment Notes**

\*References to other standards include:

- TN CCSS Reading: [Tennessee Common Core State Standards for English Language Arts & Literacy in History/Social Studies, Science, and Technical Subjects](#); Reading Standards for Literacy in Science and Technical Subjects 6-12; Grades 11-12 Students (page 62).
  - Note: While not directly aligned to one specific standard, students who are engaging in activities outlined above should be able to also demonstrate fluency in Standards 3, 4, 5, and 10 at the conclusion of the course.



- TN CCSS Writing: [Tennessee Common Core State Standards for English Language Arts & Literacy in History/Social Studies, Science, and Technical Subjects](#); Writing Standards for Literacy in History/Social Studies, Science, and Technical Subjects 6-12; Grades 11-12 Students (pages 64-66).
  - Note: While not directly aligned to one specific standard, students who are engaging in activities outlined above should be able to also demonstrate fluency in Standards 3 and 5 at the conclusion of the course.
- TN Psychology: Tennessee Social Studies: [Psychology 9-12](#) standards may provide additional insight and activities for educators.
- TN Sociology: Tennessee Social Studies: [Sociology 9-12](#) standards may provide additional insight and activities for educators.
- TN U.S. History: Tennessee Social Studies: [U.S. History 9-12](#) standards may provide additional insight and activities for educators.
- FACS: National Standards for Family and Consumer Sciences Education, Second Edition: National Association of State Administrators of Family and Consumer Sciences, [FACS](#).
- P21: Partnership for 21st Century Skills [Framework for 21st Century Learning](#)
  - Note: While not all standards are specifically aligned, teachers will find the framework helpful for setting expectations for student behavior in their classroom and practicing specific career readiness skills.

